

# News from the Office™

Volume X, Issue 1



## Rauchberg

DENTAL GROUP

199 Baldwin Road, Suite 120 • Parsippany, NJ 07054 • 973-233-4603



Last year, we had a chance to reflect on our 50-year history. This year, we're looking ahead -- and we've made some exciting new changes to better serve you. We have added a new general

and cosmetic dentist to our practice, Dr. Deepa Rupani, and we've expanded orthodontic care for Dr. Allie DeGeorge, our on-site board-certified orthodontist. Our community education seminars this year will focus on topics such as dental

implants and Invisalign®, and, for those of you who attend, we're offering a free initial implant consultation.

You deserve to smile with confidence in 2016, and our team can help make it happen.

Happy New Year, and we hope to see you in the office soon.

*Dr. Alan Rauchberg*

Alexandra DeGeorge, DMD, orthodontist, specialty permit #6431

## FREE DENTAL IMPLANT SEMINAR

Holiday Inn, January 12th • 5:30 p.m.  
Buffet Dinner Served

Dr. Alan will host a community education seminar about dental implants on January 12, 2016 at the Holiday Inn, 707 Route 46 East in Parsippany, NJ. The event begins at 5:30 p.m. and includes a buffet dinner. All attendees will receive a complimentary exam and X-rays (a \$500 value). Registration is required, to reserve a seat call **973-321-4173**.

While there are a number of ways to replace loose or missing teeth, new advancements have made dental implants today's standard of care for a beautiful, natural-looking smile. "Today's implants look and function just like real teeth so people can speak, smile and eat the foods they love with confidence," says Dr. Alan, who continually strives to educate his community about oral health. The evening will cover initial consultations through post-op care, appropriate candidates, insurance coverage, and implant affordability.

All attendees receive a free voucher for their initial consultation with X-rays (valued at \$500) so they can begin to establish a roadmap towards optimal oral health.

Our next dental implant seminar at the Holiday Inn is scheduled for: Tuesday, March 15th.

## WELCOME DR. DEEPA RUPANI



We are excited to welcome our newest associate, Dr. Deepa Rupani, to our expanding multi-specialty practice. The office now includes three general and cosmetic dentists, two on-site periodontists for implant placement and treatment of gum disease, an endodontist for root canal care, as well as an orthodontist and an oral surgeon.

Dr. Rupani has extensive experience in all areas of dentistry and is also an Invisalign® provider. Dr. Alan says, "We are very excited that Dr. Rupani is joining our team. She is compassionate, patient, and skilled at working with both adults and children."

Dr. Rupani received her Doctorate of Dental Medicine (DDM) from Rutgers School of Dentistry. She also obtained her masters degree in biomedical sciences from the University of Medicine and Dentistry of New Jersey (UMDNJ).

"I am looking forward to providing the utmost care for my patients at Rauchberg Dental Group," says Dr. Rupani. "And I'm excited to work in this unique environment that offers such a comprehensive range of dental services."

  
**Turn Over for coupons!**

# Holiday Giving



Our annual holiday party was a smashing success once again, with lots of smiles, laughter and gift giving. The holidays also brought out a generous spirit in our patients during the Toys for Tots gift drive and Parsippany



Food Pantry collection. You all certainly helped to make a difference in the lives of many New Jersey families in need. Thank you!



## Raspberry Truffle Mocha

DRINK RECIPE

## Raspberry Truffle Mocha

**A** rich, raspberry flavored mocha will warm you right down to your toes, no matter the weather. Low carb and sugar-free.

### Ingredients

1 cup unsweetened almond milk (you can also use the coconut milk that comes in cartons)

1/2 to 3/4 cup strongly brewed coffee (I like to use the Starbucks VIA packets mixed with hot water)

1/2 cup heavy whipping cream

2 tbsp cocoa powder (for this recipe)

2 tbsp Stevia or Swerve Sweetener

1/2 tsp Raspberry Emulsion or 3/4 tsp raspberry extract

Dollop of whipped cream

### Preparation

In a medium saucepan over medium heat, combine almond milk, coffee, cream, cocoa powder and sweetener.

Whisk until well combined and then bring to a gentle simmer.

Add raspberry emulsion or raspberry extract. Divide between two mugs, top with whipped cream if desired, and serve.

**Notes: Serves 2.**

Each serving has 6 g of carbs and 2 g of fiber.

Total NET CARBS = 4 g.

288 Calories; 30g Fat (88.2% calories from fat); 3g

Protein; 6g Carbohydrate; 2g Dietary Fiber; 102mg

Cholesterol; 118mg Sodium.

## JANUARY COUPONS

Your annual dental benefits have renewed and we will continue to help maximize your coverage and accommodate your financial needs.

### **ORTHODONTIC TREATMENT**

Receive a \$500 voucher for any new orthodontic patient (exclusions apply)

### **DENTAL IMPLANTS**

We're hosting a seminar about dental implants on January 12th. Attendees receive a free initial consultation with X-rays (valued at \$ 500).

### **INVISALIGN®**

Get today's popular clear-brace Invisalign® treatment for only \$4550.

### **REFER A FRIEND**

Receive \$100 towards any service of your choice when you refer a new patient

### **CLEANINGS**

Dental Hygiene is key to good oral health. We're offering \$99 cleanings for new patients during the month of January (excluding periodontal maintenance).

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